

## Annexure 1.

### **Research papers published; Dr Naorem Ajit Singh, Professor, Department of PMR, JNIMS.**

1. N Ajit Singh, U Singh, S Wadhwa, SL Yadav, Suresh Ramakrishnan, Pallab Das, SN Dwivedi. Study of Surface Electromyographic Changes in Paraspinal Muscles Following Spinal Muscle Strengthening Exercises in Non-Specific Chronic Low Back Pain Patients. IJPMR 2005 April;16(1):5-11.
2. Ajit Singh N Jugindro Singh N , K Wangjam, RK Rajesh. Does Radiologic Grading Predict Severity of Osteo-arthritis Knee. JPMR, 2016 Sept;27(3):73-77.
3. N Ajit Singh, N Jugindro Singh, K Wangjam. Correlation Between Radiographic Grading of Osteoarthritis Knee and Severity of Symptoms. Paripex- Indian Journal of Research, 2016 Sept;5(9):3-5.
4. Pallab Das, N Ajit Singh, Suresh R, Mahiuddin Araf, S Wadhwa, U. Singh. The Response of Rehabilitation Management in Patients Presenting with Locomotor Symptoms of Benign Joint Hypermobility Syndrome. IJPMR, 2016 Dec; 27(4):104-112.
5. N. Ajit Singh, N. Jugindro Singh, K. Wangjam. Role of Non-Real Time Imaging in Improving Success of Blind Inter-Laminar Epidural Injection for Treatment of Symptomatic Prolapsed Lumbar Inter-Vertebral Disc. AIMDR,2019 Aug; 5(5):1-5.
6. N Ajit Singh, N. Jugindro Singh. Efficacy of Gravity Lumbar Reduction Therapy in Symptomatic Prolapsed Intervertebral Disc Patients: A Radiological Evaluation Based on Inter-Vertebral Dimensions. AIMDR, 2019 Aug; 5(6):1-5.
7. N Ajit Singh, , N Jugindro Singh, K Wangjam. Correlation between Radiographic grading of Osteoarthritis Knee and Severity of symptoms. Paripex- Indian Journal of Research.2016 Sept; 5(9):3-5.
8. N. Ajit Singh, N Jugindro Singh, K Wangjam, RK Rajesh Singh. Surgery Sparing Effect of Epidural Steroid and Gravity Lumbar Reduction Therapy in Conservative Treatment of Prolapsed Lumbar Intervertebral Disc. Paripex- Indian Journal of Research 2016 Sept,5(9):463-467.
9. N Jugindro1 Singh, K Sanjay, N Ajit Singh, K Ratnesh. Urodynamic study of Bladder Behaviour in Traumatic Spinal Cord Injury Patients in Response to Rehabilitation. IJPMR 2013 Dec; 24(4):87-91.
10. N Jugindro Singh, Ajit Singh N, Shugeta Devi N. Demographic profile of the patients with lumbar disc herniation presented in a tertiary care centre, Manipur. Journal of Medical Society, 2021;35(2):69-71.

## Annexure 2

### **Research papers published; Dr Ningthoujam Jugindro Singh, Asst.Prof., Department of PMR, JNIMS.**

1. Ajit Singh N Jugindro Singh N , K Wangjam, RK Rajesh. Does Radiologic Grading Predict Severity of Osteo-arthritis Knee. JPMR, 2016 Sept;27(3):73-77.
2. N Ajit Singh, N Jugindro Singh, K Wangjam. Correlation Between Radiographic Grading of Osteoarthritis Knee and Severity of Symptoms. Paripex- Indian Journal of Research, 2016 Sept;5(9):3-5.
3. N. Ajit Singh, N. Jugindro Singh, K. Wangjam. Role of Non-Real Time Imaging in Improving Success of Blind Inter-Laminar Epidural Injection for Treatment of Symptomatic Prolapsed Lumbar Inter-Vertebral Disc. AIMDR,2019 Aug; 5(5):1-5.
4. N Ajit Singh, , N Jugindro Singh, K Wangjam. Correlation between Radiographic grading of Osteoarthritis Knee and Severity of symptoms. Paripex- Indian Journal of Research.2016 Sept; 5(9):3-5.
5. N Ajit Singh, N. Jugindro Singh. Efficacy of Gravity Lumbar Reduction Therapy in Symptomatic Prolapsed Intervertebral Disc Patients: A Radiological Evaluation Based on Inter-Vertebral Dimensions. AIMDR, 2019 Aug; 5(6):1-5.
6. N Jungindro1 Singh, K Sanjay, N Ajit Singh, K Ratnesh. Urodynamic study of Bladder Behaviour in Traumatic Spinal Cord Injury Patients in Response to Rehabilitation. IJPMR 2013 Dec; 24(4):87-91.
7. N Jungindro Singh, Ajit Singh N, Shugeta Devi N. Demographic profile of the patients with lumbar disc herniation presented in a tertiary care centre, Manipur. Journal of Medical Society, 2021;35(2):69-71.
8. Keshkar S, Equebal A,Kumar R, singh NJ. Scheurmann's Disease – aorentice's Spine.IJPMR October 2007; 18 (2):58-59.
9. Keshkar S Kumar R, Agarwal AK, Equebal A,Lenka P, Jungindro Singh N. Immediate Fitment of Prefabricated Orthoses in Corrective Surgery Camps. IJPMR 2009;20(2):52-54.
10. Singh NJ, Keshkar S,Equbal A, Kumar R. Congenital Absence of All Four Limbs – A Rehabilitation Challenge. IJPMR2010;21 (2): 56-59.
11. Singh NJ ,Keshkar S, DeP,Kumar R: Management of club foot by Ponseti technique – our experience.IJPMR 2011;22;12-16.
12. Singh Ningthoujam Jungindro, Keshkar Sanjay, Singh Naorem Ajit, Kumar Ratnesh.Urodynamic study of bladder behavior in traumatic spinal cord injury patients in response to rehabilitation .IJPMR December 2013;Vol 24 (3):87-91.

13. Singh Ningthoujam Jungindro, Ghanachandra K, Gautamji RK, Wangjam Kunjabashi. Bilateral Facial nerve palsy – a case report. IJPMR December 2014; Vol 25(4): 129-31.
14. Singh NJ Khanna M, Gupta A, Haldar P. Effectiveness of peripheral median, radial, and ulnar nerve block at wrist along with intra-articular steroid injection in shoulder joint in management of complex regional pain syndrome of upper Limb:1- week follow – up study. Neural India.(2020) 70:1068-8.